

PROCESSING URINE SAMPLES ADULTS ONLY (AGE 16 OR OVER)

Date Stamp/Initial

Please complete form to leave with your urine sample. DO NOT USE FOR CHILDREN UNDER THE AGE OF 16 – THERE IS A SEPARATE FORM.

DO NOT COMPLETE THIS FORM

IF YOU HAVE AN INFECTION AND ARE **FEMALE BETWEEN THE AGE OF 16 AND 64** AND ARE NOT **PREGNANT**, DO NOT HAVE A **CATHETER**, OR DO NOT SUFFER FROM **RECURRENT URINE INFECTIONS**, ATTEND YOUR COMMUNITY PHARMACY WHO CAN TREAT YOUR URINE INFECTION QUICKER.

| 1) | Name of Patient: | . Date of birth: | / / |
|-----|--|---|----------------|
| 2) | Address: | | |
| 3) | Contact phone number: | | |
| 4) |) Name of person completing form and relationship to patient (IF NOT THE PATIENT) | | |
| | Name: Relationship: | | |
| 5) | Are you providing the sample as you think you/the patient has a | an infection? | □Yes □No |
| | a. If 'No' why are you leaving sample? | | |
| 6) | Is the sample from a urinary catheter? | | □Yes □No |
| 7) | Are you/the patient pregnant? | <s?) td="" □<="" □no=""><td>Does not apply</td></s?)> | Does not apply |
| 8) | Have you/the patient had a urine infection within the past 6 mc | onths? | □Yes □No |
| | a. If yes, what antibiotic was prescribed: | | Do not know |
| 9) | What symptoms do you/the patient have (tick all that apply)?: a. Visible blood in the urine (and not currently menstruating) b. Pain on passing urine c. Confusion d. Raised temperature/Feeling hot and sweaty e. Pain in lower abdomen f. Pain in back g. Need to pass urine more fre?uently or urgently? h. Constipation? i. New onset urinary incontinence? | | |
| 10) |)) Which chemist would you/the patient like any prescription sent | to? | |
| 11) |) Are you/the patient allergic to any antibiotics? | | □Yes □No |
| | a. If yes, please list: | | |
| | P) Signed (Patient or Representative): | | |

FOR ADMIN USE ONLY:

For Women >16 and <65, AND non-recurrent, AND non-catheterised, AND non-pregnant

- DO NOT SEND SAMPLE FOR CULTURE, DIPTEST URINE and if positive for infection (Leucs and/or
 - Nitrites) for antibiotics:
 - Nitrofurantoin 100mg bd for 3 days,
 - or Trimethoprim 200mg bd for 3 days (if allergy, or eGFR <45)
 - If already had trimethoprim/nitrofurantoin, consider:
 - \circ ~ Pivmecillinam 400mg STAT then 200mg three times a day for 3 days
 - or Fosfomycin 3g single dose sachet

For Women >65, OR recurrent infection [IF YES TO Q8]

- SEND SAMPLE FOR CULTURE, DO NOT DIPTEST.
- If symptoms ticked consistent with infection, for antibiotics.
 - $\circ \quad \mbox{Nitrofurantoin100mg bd for 3 days}$
 - or Trimethoprim 200mg bd for 3 days (if allergy, or eGFR <45)
 - If already had trimethoprim/nitrofurantoin, consider:
 - Pivmecillinam 400mg STAT then 200mg three times a day for 3 days
 - or Fosfomycin 3g single dose sachet or treat based on C&S result.

For Pregnant Women >16

- SEND SAMPLE FOR CULTURE, DIPTEST URINE and if positive for infection (Leucs and/or Nitrites) for antibiotics:
 - Nitrofurantoin (*avoid from 37 weeks*) 100mg bd for 7 days if eGFR ≥45ml/minute.
- If already had nitrofurantoin, or unsuitable, consider:
 - Cefalexin 500mg twice a day for 7 days or treat as per C&S result.

For Men >16, OR recurrent infection [IF YES TO Q8]

- SEND SAMPLE FOR CULTURE, DO NOT DIPTEST, if >65.
- If symptoms ticked consistent with urinary infection for antibiotics
 - $\circ \quad \mbox{Nitrofurantoin100mg bd for 7 days}$
 - o or Trimethoprim 200mg bd for 7 days (if allergy, or eGFR <45ml/minute)
- If already had trimethoprim/nitrofurantoin, consider treatment based on C&S result.

For catheterised [IF YES TO Q6]

- SEND SAMPLE FOR CULTURE, DO NOT DIPTEST
- Do NOT treat asymptomatic bacteriuria (i.e. positive cultures without symptoms)
- Consider previous antibiotic use and recent urine culture antibiotic sensitivities if available before commencing treatment.
 - Co-amoxiclav 500/125mg TDS for 7 days (if eGFR over 30ml/min)
 - OR Ciprofloxacin 500mg BD for 7 days (if eGFR over 30ml/min)

Consider cancer/TWW referral

- Microscopic haematuria (unexplained) with dysuria/raised WBC Count >= 60 year old.
- Macroscopic haematuria (unexplained or persists/recurs after Rx for UTI) >=45 year old
- Macroscopic haematuria in male for PSA/DRE

OUTCOME OF ASSESSMENT:

| URINE DIPTESTED? | □Yes □No | | | |
|--|----------|--|--|--|
| If yes: Does Urine Diptest support infection? | □Yes □No | | | |
| URINE SAMPLE SENT FOR CULTURE? | □Yes □No | | | |
| HAEMATURIA: DAcroscopic (Visible) Microscopic (Diptest) None | | | | |
| RISK OF DIABETIC KETOACIDOSIS (Any 2 boxes ticked): Diabetic patient Carteria Ketones Carteria Glucose | | | | |
| If risk of DKA report to Duty Doctor immediately. | | | | |

| ACTION TO BE TAKEN BY RECEPTION: | | | |
|---|----------|--|--|
| Advise patient to collect script | | | |
| Advise patient no evidence of urine infection | | | |
| Advise patient to make appointment \Box today, in \Box days, or in \Box weeks | | | |
| Advise patient to wait for the result from the laboratory | | | |
| Request patient to provide repeat urine sample after 14 days (if haematuria) | | | |
| No action needed – patient contacted by GP/Clinician | | | |
| Signed by GP/Pharmacist: | Date: // | | |
| V6 [Created 16/8/2019. Latest update: [04/04/2025] | | | |